

SEADRIFT/VICTORIA CHAPTER August 2007

Next Meeting

September 13 at Victoria Electric CO-OP
Dutch Treat Dinner at 5 pm Golden Corral
Social 6:00 pm
Program 7:00 PM

Jerry James

Environmental Director City of Victoria.
He will discuss the proposed changes in
trash collection.

Future Meetings

December 6 at the Clubhouse. Potluck dinner.
Program will be announced later.

Carbide Reunion 2007

Dow is planning a Carbide Retiree reunion with all retirees and spouses invited to be held on Thursday November 15 from 10 am to 2 pm. at the Doyle Convention Center in Texas City. They are planning for an attendance of 800. Benno's will cater the affair with a continental breakfast and a luncheon. Invitations will be sent out by Dow using their database.

Buses will be provided for our area. We will muster at the old HEB parking lot and leave at 6:30 am. We have been asked to provide an estimate of the number of our area retirees and spouses who will be attending by bus. Please let me know if you plan to go by bus either by phone at 578 4392 or e mail at weldonc@suddenlink.net. You will also need to RSVP to the DOW invitation for their planning purposes.

For those planning to drive the Google map shows the best route is 59 to Houston and 45 down to Texas City. The distance is stated as 158 miles. The address is 2020 5th Ave N. Texas City.

June Meeting



Leslie Sosebee shown above discussed her new assignment as coordinator for Retiree Health Promotions for Dow Health Services. Her introduction letter is enclosed with this newsletter.

New Seadrift/Victoria Retiree Web Site

Bill Richter has put together a new web site for our retiree group. It is a work in progress. The web address is seadrfter.org. Check it out and let us know how you like it. Also, let us know of things you would like to see on it. And, of course, problems you have viewing it.

MEMORIAL

Frances Workman Cathey 90 of Victoria died May 17, 2007. **Frances** was the former wife of deceased retiree **Charlie Workman**.

Robert (Bob) Holbert 78 of Bay City died December 14, 2006. **Bob** retired as a senior supervisor in 1985 after 31 years with service at the Seadrift Plant, Brazil plant and at the Markham Dome.

Santiago Ramos, 91, of Victoria, died Wednesday, May 23, 2007.

Carolyn A. Williams 57 of Port Lavaca died February 20, 2007. **Carolyn** was the wife of retiree Gene Williams.

Jack Kelly, age 77, of Victoria Died June 17, 2007. **Jack** retired in 1991 as a machinist.

Mesario "Chico" Rodrigues Sr. 86 of Victoria died June 18, 2007. **Chico** retired as a mechanic in 1979.

Arline Graves wife of retiree **Joe Graves** died June 22, 2007.

Susan Jane Painter wife of retiree **Graham Painter** died July 9, 2007.

Joseph W. Allen, 87 of Victoria died July 25, 2007. **Joe** retired from the tool shop in 1985 after 31 years service.

New e-mail address

Milt Beveridge at poppop23@jersey.net

Michael Buchhorn

at Michael-foreal@yahoo.com

Ralph L. Baker

at ribaker500@houson.rr.it.com

Change of Address

Milt Beveridge to Apt. A307 114 Hayes Mill Rd. Arco, NJ 08004.

"Buck" Buchannon From 546 Brookhollow, Port Lavaca to 2669 US Hwy 59, Victoria, TX 77905.

K. C. Kimbrough from 101 Pertia in Rockport to 701 Waterwood, Rockport, TX, 78382.

Joyce Gray From 51 N. Seakist Ln. to PO Box 830, Port Lavaca, 77979

Antonio Garza from 117 Chimney Rock to 2904 N. Main St., Victoria, 77901

Congratulation---50 years



Herb and Betty Wendt of Victoria celebrated their 50th wedding anniversary on June 15, 2007. The couple celebrated with a vacation to a beach house overlooking the bay in Key Allegro Isle in Rockport. **Herb** retired from maintenance in 1988 after nearly 33 years service



Stanley and Georgia Lee Friedel of Victoria celebrated their 50 wedding anniversary on April 27, 2007 with a mass and blessing followed by a dinner hosted by their children. **Stan** retired from Maintenance in 1991 after 36 plus years.

Pictures from June Meeting
Taken by Floyd Thiele



IMPORTANT PHONE NUMBERS

Aetna Member Services
1-800-736-9369
Retiree Service Center
1-800-344-0661
Praxair Retiree Services
1-800-727-7878
Aetna Home Delivery
1-800-736-9369

CLIP AND SAVE FOR FUTURE REFERENCE

FRIENDS IN NEED (FIN)

Ed Akin	897-1726
Bill Brown	897-1070
D. L. "Buck" Buchanan	552-6407
Les Fuhrman	575-3397
Ted Gill	785-4941
Dwight Heath	575-7746
Paul Martinez	526-2882
Pete Terrell	552-3415
Ken Woodall	552-9429
FIN Coordinator: Jim Friedel	576-5225

CHAPTER OFFICERS

Pres. Dave Ozuna	575-4618
Vice Pres. Jim Friedel	576-5225
Sec./Treas. Alyce Hartman	573-6529
Newsletter Weldon Cummings	578-4392

New Member

Michael Buchhorn retired from Operations at Freeport at the end of January 2007. **He** and wife **Dena** live at 114 Hackamore Lane, Victoria, TX 77904.

Programs

Dave believes that since this is your club that you should have input as to the types of programs. So either give him or **Jim Friedel** a call with any ideas you have.

More Pictures from June meeting



Raul and Dora Alvarad



Rachel and Cliff Townsend

e-mail addresses

One of the fastest and best ways to send out information is by e mail. I find that the e mail addresses that I have are obsolete. Please send me an e mail so that I can correct my list. If you do not want me to put it in the newsletter note it in the text. Thanks, Weldon

weldonc@suddenlink.net



Hello! I'd like to introduce myself to you... I'm Leslie

Sosebee, and I am the new Retiree Health Promotions Coordinator for Dow Health Services. I will be serving all Dow, Union Carbide, and Dow Agrosociences Retirees in the United States.

Dow has committed to invest in a "Health Empowerment" program for retirees and their families. The program will encompass Health Promotion/Disease Prevention, Self-Care and Health Care Consumerism, and Chronic Condition Support/Disease Management. We will provide you with education, activities, resources, and support mechanisms to help meet your needs in any and all of these areas. It is our goal to support your total health - to help you be physically fit, mentally alert, functionally mobile and independent, and socially engaged!

To be successful, the Retiree Health Empowerment Program must be focused on your needs and interests. To that end, I strongly encourage you to contact me with any thoughts, suggestions, questions, or comments. You can call me at (713) 978-2839, or e-mail me at lsosebee@dow.com, or by selecting "Contact Us" on the [DowFriends website](#).

Also critical to the program's success will be the involvement of Dow and Union Carbide retirees and their families in the process and delivery of this program. First and foremost, we need for every retiree and spouse/partner to participate in whatever program components serve your needs and/or interests, and to encourage each other to participate as well. In addition, we will be recruiting interested retirees across the U.S. to serve as ambassadors in this effort by organizing group activities, acting as a liaison to the community where you live, and providing feedback so that we can continue to

improve the program. If you are interested in being an ambassador, please let me know.

Now, I have two favors to ask of you. In the next issue of DowFriends, you will find a lengthy survey. Please, please, PLEASE take the time to fill it out and return it to us. The results of this survey will help guide us in our future efforts to serve you. You will also find information and a registration form for our fall physical activity program "H2O Go". Please complete and return the registration form to me, and commit to participating. Start or join a group of H2O Goers, and get together for fun and fitness! Physical activity is one of the most empowering things you can do for your health!

By the way, I know that some of you do not receive DowFriends newsletter in the mail. We've got you covered! You can go on the [DowFriends website](#) after June 30 and complete the survey. You can also register for H2O Go on the [DowFriends website](#) from August 27 to September 19, so...no excuses!

You will be hearing from me regularly through DowFriends and chapter newsletters. I hope to meet many of you throughout the coming year. Again, don't hesitate to contact me with any questions or suggestions!

In Good Health,

Leslie

June 28, 2996